

Coachable

Story: In the 1984 film “The Karate Kid,” Daniel moves to a new town with his mother and quickly becomes the target of bullies who study karate. Fortunately, he is befriended by a wise old sage, Mr. Miyagi, who is a kind-hearted repairman and just so happens to be a martial arts master himself. Miyagi takes Daniel as a protégé, teaching him a more compassionate form of karate while using more unorthodox training methods (i.e. sanding a deck, balancing on stumps, waxing a car, and painting a fence). This is all done for Daniel’s self-defense and in preparation to compete against the merciless Cobra Kai dojo. Daniel did not understand his chore-like training methods. A good portion of the movie portrays Daniel in defiance of Mr. Miyagi’s methods. Daniel sticks it out and proves he is teachable/coachable and ultimately, he is victorious!

Coachable people don’t make excuses. They take responsibility, are not easily offended, and work to correct their error(s). Your coaches want you to perform at your best, if you are rebellious against them in essence you are rebelling against becoming the best you can be.

Questions to consider:

How do you receive instruction, coaching, or correction?

Have you had an un-coachable teammate? What was it like to be on the same team?

Context: Word spread about Jesus miracles and large crowds began following Jesus around the Sea of Galilee. One day the crowds got so large that Jesus got into a boat and began to teach all the people. Jesus talked to the people by using words and word pictures that they could understand.

Scripture: Mark 4:1-20

1. What are the different responses (soil) to the teachings of Jesus (seed)?
2. Is there anything wrong to the seed?
3. Is there anything getting in your way from receiving the seed?
4. What kind of fruit (character) is being produced in your life because of the seed (God’s Word)?

Key Verse: “...the ones on whom seed was sown on the good soil; and they hear the word and accept it and bear fruit, thirty, sixty, and a hundredfold.” Mark 4:20

Anchor to remember:

- Receive instruction
- Trust your coach (believe coach has your best interests at heart)
- Don’t quit, complain, or shift the blame