

Faith

Challenge: One might think a trust fall would be easy to do. On most teams, potentially it is. However, not on all teams. At one Mississippi high school the starting quarterback was asked to take part in a trust fall exercise. He was to fall into the arms of his offensive linemen. The conductor of the exercise was confident that the quarterback would have more than enough faith in his linemen to catch him. For one, these linemen were much bigger and stronger than he. Secondly, a quarterback, in general, places his trust in his linemen on every single play on the football field. To everyone's amazement the player refused to make the fall! For YOUR team to be successful, you must have faith in one another.

Confident athletes play to win instead of playing not to lose. They aggressively look to make plays. They take intelligent risks without letting the fear of failure overwhelm them.

Questions to consider:

How do you view storms/trials/tests in life?

How do you react to failure?

How much importance do you put on what others think of you?

What's going on: The news of Jesus miracles spread and multitudes of people began to flock to see Him. At one point approximately 20,000 people come to hear Him teach and spend countless hours listening to Him. Jesus has just performed a miracle by providing food for everyone by simply taking two fish and five loaves of bread and multiplying it. Jesus disciples however still hadn't fully understood that Jesus was God in the flesh. Jesus continued to reveal Himself by showing them His power.

Game Time: Matthew 14:22-36

- How did the disciples feel in the middle of the storm?
- What initial response did the disciples have when they saw Jesus walking on the sea?
- Where do you think the faith of Peter to ask Jesus to walk on the water came from?
- What caused Peter to sink?
- How do you think the faith of the disciples was strengthened in this experience?

Key Verse: "You of little faith, why did you doubt?" Matthew 14:31

Anchor to remember:

- Don't focus on the situation you are in. Focus on the One who has power over every situation!
- God knows your situation.
- It's not too hard for Him to handle.
- God's plan for you is good.